

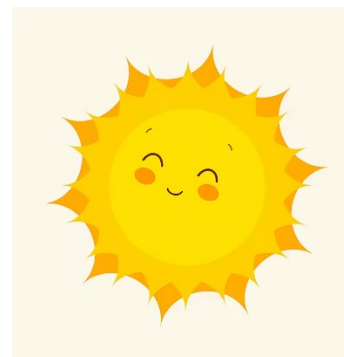


Issue 20 - Week 10 – Term 4

Thursday 14 December 2023

Dear Families and Community,

As we approach the end of another academic year, I am filled with a profound sense of pride and gratitude for all that we have accomplished together. The school year has been one of growth, resilience, and community spirit, and I am thrilled to reflect on the remarkable journey we have undertaken.



Our students have demonstrated incredible dedication to their studies, and their achievements in academics, arts, sports, and various extracurricular activities are a testament to their hard work and determination. They have not only expanded their knowledge but have also embraced the values of empathy, collaboration, and innovation that we strive to instill in them.

I would like to express my heartfelt appreciation to our exceptional teaching faculty and staff. Your unwavering commitment to providing quality education and fostering a nurturing learning environment has been instrumental in shaping the future of our students. Your passion and creativity inspire a love for learning that will undoubtedly leave a lasting impact on the lives of those you have touched.

Our parents and guardians play a crucial role in the success of our students, and I extend my sincere gratitude to you for your continued support, encouragement, and partnership. Your involvement in your child's education enriches our school community and strengthens the bonds that make Lawson PS a great school.

As we bid farewell to the current academic year, let us also reflect on the challenges we faced and overcame. Together, we have navigated uncertainties, adapted to new circumstances, and demonstrated resilience in the face of adversity. These experiences have only strengthened our sense of community and reinforced our shared commitment to the success and well-being of our students.

As we look ahead to the coming year, let us carry the lessons learned and the achievements celebrated into the future. I am confident that, with our collective dedication and passion, we will continue to foster an environment where every student can thrive and reach their full potential.

Wishing you all a restful and rejuvenating break. May the joy of the season be with you and your loved ones.

With gratitude,

Mrs Hayley Cross
Relieving Principal



Staffing and Classes for 2024

Student learning support officers:

Ms Raj
Mr Mac
Miss Lena
Miss Cathy
Miss Sarah
Ms Elissa
Ms Cheryl
Mr Mike

Office staff:

Mrs Fitzpatrick
Mrs Alexander
Mrs Williams

Kindergarten/ Stage 1 staff:

Ms Jensen
Ms Hackney
Miss Thomas/ Mr Walters 1 day per week
Ms Heyne

Stage 2 staff:

Ms Armstrong/ Miss Sheppard 1 day per week
Currently we are awaiting the outcome of an expression of interest for the position of classroom teacher for Semester 1.
Mr Smith will teach the class from Semester 2 onwards.

Stage 3 staff:

Miss Taylor/ Mr Walters 1 day per week
Miss Graham

CC staff:

Mr Wall
Mrs Thomas/ Mr Sheridan 2 days per week
Mrs Johnston

I would like to announce that we have secured another support unit class. An expression of interest has been publicised and I will know mid-January, 2024.

Assistant Principal curriculum instruction: Miss Sheppard 4 days per week

Kitchen/garden program: Mr Walters

Learning and support teacher: Ms Truswell

Librarian: Mrs Schlegel

Creative arts teacher: Mrs Morrison

Kind regards,
Mrs Hayley Cross
Relieving Principal





Office News



TERM 4 2023

Week 10

15 December: Assembly: Year 6 Graduation

15 December: Last Day for Students

TERM 1 2024

Week 1

Thursday 1st February: Students commence Years 1 - 6

Week 2

Tuesday 6th February: Kindergarten commences

Friday 9th February: Swimming Carnival



Permission Notes

When returning permission notes for school activities it is a legal requirement to return a **SEPARATE permission note** for each child. If you pay online it is still necessary to return the permission note to the office. . Please ensure your child/s full name and class are on the permission note.

Please **do not email permission notes to the school email address**. Original notes must be handed into the front office.

For P&C events such as fun food, uniform shop, school caps etc... please do not pay online through the school website.

Student Absence

If a student is absent, we ask that you use the school Sentral App. Should you not have access to this app, please call the front office to receive a linking code. **Please do not email the school email address to advise of absences.**



Anaphylaxis Action Plans

These need to be updated by your Doctor or at your annual consultant date. Please ensure your child's updated Epi-pens and action plans are provided to the office as a matter of urgency. For students with Asthma, please ensure we have an updated action plan and Ventolin that is in date, as some inhalers may expire during the year. For those students which have allergies and require an anti-histamine, please ensure you provide these to the office





Lawson P&C Newsletter

Term 4, Week 10

Upcoming events

Magpie Markets – Sunday 17 December

Have a Merry Christmas– 25 December

Have a Happy New Year – 1 January 2024

Magpie Upstyle Markets Markets.

Support our most successful P&C Fundraiser!

volunteer some time if you're free on Sunday 17 December.
It's the last BBQ of the year!



Details of time slots are on our Facebook page
Lawson Public School P&C

2024 year 6 students

For our year 5 students
The P&C Uniform Committee would like to know if
parents/guardians would be interested in a
Commemorative Year 6 hoodie.

Let us know by returning this note, send us an email
on lawsonpandc@gmail.com or comment on our
Facebook with your thoughts

P&C Uniform Shop
2024 Year 6 Commemorative Hoodie

The P&C Uniform Shop are calling for expressions of interest into Year 6 commemorative hoodies for 2024.

About the hoodie

- Material options: microfibre or fleece
- The design on the hoodie will be similar to the Commemorative Shirts
- Price estimate is \$60

Based on numbers of interested students, details of the hoodie and ordering will be provided early 2024.
If you would be interested, please let us know by ticking your preferences below and return the slip to the front office by 15 December 2023

Student Name: _____

I am interested in a Commemorative Year 6 Hoodie for 2024

I would prefer: microfibre fleece not fussed

Other material suggestion: _____

(This is not an order form)

Some words from the P&C President, Karina Nowak.

2023 has been filled with many vastly emotional events. We have all faced challenges and celebrated achievements. We have mourned the loss of our beautiful Mrs Kiely.

This year the Lawson P&C faced big changes: new bylaws prescribed by the P&C Federation, and the Lawson P&C has a new executive team take office. The changes have been challenging, but adversity brings out the best in developing relationships and ideas.

With the dedication of our teachers, community, and parents/guardians who have volunteered their time and energy, we have achieved many great things this year.

This Year the NSW Department of Education marked 175 years of public education. During education week Lawson focused on learning from our past, celebrating our achievements and embracing the future with confidence.

This week we say goodbye to our Year 6 students as they leave our school and head towards their next adventure. I know with their strong foundations developed by our teachers and staff, I have no doubt that their future will be positive and impactful. Our future is safe in your hands.

The P&C work closely with the school community to ensure the needs of all our students can be met in as many ways as possible.

Contributions

- Working with Mrs Cross to make the 'Vision Wall' become a reality.
- The 'Reduce, reuse, recycle' sustainability project working to use reusable crockery and cutlery.
- New bright signage around the school
- Assisting to develop the sensory gym
- Purchasing books for the new learning curriculum

Fundraising events

- Lawson Louvre art show and trivia night celebrated our students art and also invited, for the first time, our local artists and businesses to be involved in the school community.
- Father's Day campfire celebration night
- Athletics carnival snack packs

Our Committees

- P&C BBQ at the Magpie Markets continues to be a major contributor to subsidising the cost of school excursions.
- The P&C Uniform shop continued to provide quality uniforms at affordable prizes.

The P&C rely on our volunteers,. I'd like to take this time to thank the parents/guardians and local community who supported our fundraising events during the year. A special mention should be made to this year's SRC and staff who gave up their recess or lunch to help out.

The P&C is only as strong as the support we receive from the school community, students, staff, parents, carers and their families. As we go into 2024, we will continue to bring new ideas, build more relationships, and continue to support our school community..

On that note, on behalf of the Lawson P&C, I wish the students, teachers, staff, parents and guardians a Merry Christmas and a safe and happy New Year.

I look forward to seeing you all again in 2024.

Go4Fun Katoomba | Term 1, 2024

Dates: 6 February to 9 April 2024 (10 weeks)

Day: Tuesdays

Time: 4:30pm to 6:30pm

Location: Katoomba Sports and Aquatic Centre

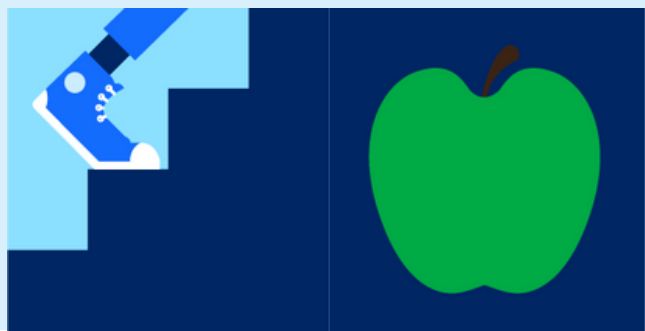
Free pool and land based program

**Healthy
active
happy
kids**



Go4Fun is a free 10 week healthy lifestyle program for 7-13 year old children and their families to become fitter, healthier and happier!

**To check your eligibility and register:
visit, go4fun.com.au or call 1800 780 900**



What happens at **Go4Fun** programs?

Play fun games
and activities



Build self
confidence



Make new
friends



Manage
screen time



Go on a
supermarket tour



Learn about
healthy eating
for kids and
family

Get Active
and have fun



Whole of family
approach



To check your eligibility and register:
visit, go4fun.com.au or call 1800 780 900





Things to do in the School Holidays

Come and join the fun with NPWS ranger-guided activities for kids, teens and families. Discover, create, imagine and explore!

Summer 2024



Claustral Canyon Virtual Reality

Experience one of the world's most spectacular canyons – Claustral canyon in the World Heritage Listed Greater Blue Mountains Area – using Oculus Quest VR.

NPWS Blue Mountains Heritage Centre

Looking for a unique gift or experience these school holidays? Choose from a great range of gifts including Blue Mountains locally-made MTNS Made products, Australian made, and Australian designed products.

We also offer **gift vouchers** for your friends and family to experience the famous Claustral canyon located in the Blue Mountains with a virtual reality experience (\$10.00 per person)



End of Govetts Leap Road Blackheath NSW 2785 T 02 4787 8877



#NSWParks

Join our team this January for some exciting school holiday activities.

Photo: Elinor Sheargold

S For the Small and Curious **L** Living Country **B** Bush Alive **J** Junior Rangers



B 7-11YRS

The Buzz on Bees
Wednesday 3 January



J 8-14YRS

Navigation, Mapping and Orienteering
Thursday 4 January



Photo: Pavel German

B 5-12YRS

Spotlight!
Friday 5 January



B 6-10YRS

Leaping Lizards
Tuesday 9 January



L 7-11YRS

Aboriginal Games for Kids
Wednesday 10 January



J 8-14YRS

Navigation, Mapping and Orienteering
Thursday 11 January



Photo: Pavel German

B 5-12YRS

Spotlight!
Friday 12 January



L 7-11YRS

Aboriginal Games for Kids
Monday 15 January



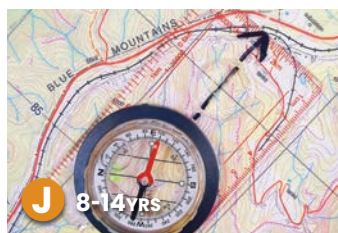
B 6-10YRS

Leaping Lizards
Tuesday 16 January



B 7-11YRS

The Buzz on Bees
Wednesday 17 January



J 8-14YRS

Navigation, Mapping and Orienteering
Thursday 18 January

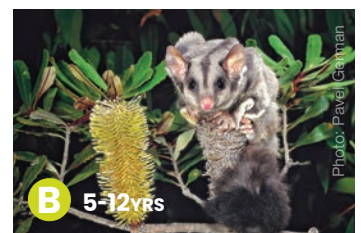


Photo: Pavel German

B 5-12YRS

Spotlight!
Friday 19 January




B 6-10YRS

Leaping Lizards
Monday 22 January



L 7-11YRS

Aboriginal Games for Kids
Tuesday 23 January



J 8-14YRS

Navigation, Mapping and Orienteering
Wednesday 24 January



Photo: Lachlan Copeland

B 5-12YRS

Spotlight!
Thursday 25 January

For more information and bookings visit
www.nationalparks.nsw.gov.au/kids-and-family-activities

Holiday activities \$20 per person. All activities are onsite at Blackheath from 10am-12pm, except for Spotlight which is held in Katoomba from 8pm-10pm. Meet 15 mins before activity start time.

T 02 4784 7301 E BlueMtns.Education@environment.nsw.gov.au



School holiday activities calendar



There are so many free and low cost activities happening across the Blue Mountains these school holidays, for children, teens and the whole family.

We've put together a list of all the Council and community events happening, so you can easily find the best activities to suit you and your family.

Find the full school holiday activities calendar at strongerfamilies.net.au





Program	Date/Time	Location	Register
Cool Little Kids Six week program that gives parents skills to help their 0-6 year old children manage their anxiety.	Every Friday 16th Feb – 22nd Mar 10:30am – 12:00pm ** Limited childcare ** Must register	Gateway Family Services cnr Station & Henry St PENRITH	Phone 4720 6500 groups@gatewayfamilyservices.org.au
Tuning in to Kids Six week program that teaches parents to help children understand and regulate their emotions.	Every Monday 19th Feb – 25th Mar 6:30pm – 8:30pm	Online via ZOOM	Phone 4720 6500 groups@gatewayfamilyservices.org.au
Circle of Security Eight week program that helps parents form secure relationships and stronger bonds with their children.	Every Wednesday 14th Feb – 3rd April 6:30pm – 8:00pm	Gateway Family Services 70 Old Bathurst Rd BLAXLAND	Phone 4720 6500 groups@gatewayfamilyservices.org.au
Circle of Security Eight week program that helps parents form secure relationships and stronger bonds with their children.	Every Tuesday 13th Feb – 2nd April 10:00am – 12:00pm ** Limited childcare ** Must register	Gateway Family Services 14 Oak Street KATOOMBA	Phone 4720 6500 groups@gatewayfamilyservices.org.au



Our parenting programs are funded by DSS and DCJ and are offered FREE to residents of Penrith and the Blue Mountains LGAs.

Phone 4720 6500 or groups@gatewayfamilyservices.org.au



Term 1
2024

ONLINE

Tuning in to Kids Parenting Program

6 week parenting program - FREE to register

Tuning In To Kids is a 6 week program that supports you to help your child understand and regulate their emotions.



The goal of the program is to help children to understand, regulate and work through their emotions so that they manage their behaviour and respond in socially appropriate ways.

The program will cover:

- Foundations of emotion coaching
- Regulating and working through emotions
- Identifying and validating emotions
- How to develop emotional intelligence
- Developing resilience and facing challenges



Parents and carers can learn the skills of emotion coaching



Help children develop emotional intelligence and resilience

DATES:

Monday evenings
19th February - 25th March

VENUE:

Online via ZOOM

TIME: 6:30pm - 8:30pm

COST: FREE

REGISTER NOW



Register at 4720 6500 or groups@gatewayfamilyservices.org.au



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.





Term 1
2024

PENRITH

Cool Little Kids Program

6 week parenting program - FREE to register

Cool Little Kids is a 6 week program that gives parents skills to help their child manage and overcome anxiety.



If you have a 3-6 year old child with excessive shyness, anxiety or fears, this program will equip you with skills to help support them.

The program will cover:

- Understanding anxiety and shyness
- Causes and risk factors for anxiety
- How to respond to your child's anxiety
- Skills and strategies to deal with fear
- Dealing with setbacks and difficulties
- Maintaining resilience long term



Help your child manage anxiety, excessive shyness and fears



Learn simple Cognitive Behaviour Therapy (CBT) strategies

DATES:

Fridays 16th Feb - 22nd March

VENUE:

Gateway Family Services
Cnr Station and Henry Streets
Penrith

TIME: 10:30am - 12:00noon

COST: FREE



CHILDCARE LIMITED
Bookings required



Register at 4720 6500 or groups@gatewayfamilyservices.org.au



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.





Term 1
2024

KATOOMBA

Circle of Security Parenting

8 week parenting program - FREE to register



Circle of Security Parenting helps parents develop secure relationships and stronger bonds with their children.

The *Circle of Security* course helps parents and carers of children aged 0-12 years learn:

- How to help your child feel more confident and secure
- How to help your child manage their emotional responses
- How to better understand your child's emotional needs



build stronger parent/child bonds



learn positive parenting skills



promote secure attachments

DATES:

Tuesdays 13th Feb - 2nd April

VENUE:

Gateway Family Services
14 Oak Street Katoomba

TIME: 10:00am - 12:00noon

COST: FREE

Parking available onsite



CHILDCARE LIMITED
Bookings required



Register at 4720 6500 or groups@gatewayfamilyservices.org.au



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.

