



Issue 19 – Week 8 – Term 4

Wednesday 24 November 2021

Dear Lawson Friends and Families,

Hello and welcome to Week 8 of Term 4! I know many of you are very keen to hear more about our plans for the end of the year. Our team are working very hard to make Presentation Day, Fun Day, Year 6 Farewell, to name a few, a great success.

The COVID based restrictions on schools continue to be an annoyance to all of us. Thank you for your continued cooperation, understanding and support on this matter. We would all agree that the restrictions are necessary if we want to avoid closure.

Many of you would be aware that, recently, there have been a number of local schools that have been non-operational due to COVID. We do not want this happening to us. I would be grateful if you could take the opportunity to consider some of the ways that you could help:

- If you or your child are showing any symptoms of illness, please get tested immediately. Students are only able to return when they are symptom free and have received a negative COVID test result via the messaging system.
- Rapid Antigen Testing is not the same as a COVID test when it comes to clearing anyone to return to school. These are only used in the event that there is a COVID case in a school. Should this happen, the school will supply Rapid Antigen Home Tests (RAHT) directly to families if needed. This would come with a communication app to support close cases to possibly return to school earlier than the required 14-day self-isolation.
- Please avoid any non-essential visits to the school. While we want everyone back and enjoying life as normal again, the more times we have people on site, we leave ourselves open to a greater chance of exposure.

We are all really hoping to make the best of the remainder of the school year and we look forward to a fresh and exciting start in 2022!

Warmest Regards,

Mr Matthew Jacobson
Principal – Lawson Public School

Office News

2021 Calendar Term 4

Week 8

24 November	Year 5 Leadership Speeches
24 November	Zooper Dooper Fundraiser - \$1
26 November	Year 6 Fun Day

Week 9

29 November to 1 December	Book Fair
30 November	Kindergarten Transition
1 December	Stage 3 – Bushwalking Excursion
1 December	Zooper Dooper Fundraiser - \$1
2 December	Book Character Parade
3 December	Presentation Day

Week 10

7 December	Kindergarten Transition
9 December	Year 6 Farewell
10 December	Capability Class Christmas Party
10 December	Reports going home

Week 11

14 December	Christmas Disco
16 December	Year 6 Graduation Day
16 December	Last Day of Term for Students

**Please note dates may be subject to change*



Reminder regarding "Anaphylaxis Action Plans"

These need to be updated at the beginning of each school year by your Doctor. Please ensure your child's updated Epi-pens and action plans are provided to the office as a matter of urgency. For students with Asthma, please ensure we have an updated action plan and Ventolin that is in date, as some inhalers may expire during the year.

Uniform Shop

The uniform shop is currently taking orders via the school office.

Recycling Week – Aquanauts are Recycling Legends



Aquanauts have made pledges this week to reduce their lunch-time waste. We use the compost bin for fruit and vegetable scraps, recyclable containers for our lunch and we are reducing and reusing any plastic bags. Diante did not use cling-wrap this week and Venny had a reusable sandwich wrap. Everyone is doing their bit to help the environment. Fantastic job Aquanauts.

Fairy Tale Castles by the Aquanauts



We have been reading
Fairy Tales in
Aquanauts, as part of
our literacy program
for Term 4.

We cut out a template for
our Fairyland Castle and
then using a toothbrush
we splattered paint over
our picture by rubbing
our finger over the
bristles. When it was dry,
we drew the outline in
texta.

Lawson Public School

is a PBL School

In Week 7 for PBL we learned about being responsible at assemblies.

We looked at 3 specific rules:

- Arrive on time
- Ignore Distractions
- Depart Quickly.

This week for PBL we are learning about being responsible in all Inside Learning Spaces.

We are looking at 5 specific rules:

- Arrive on time
- Listen to teachers' instructions.
- Attempt all tasks
- Stay on task.
- Look after your belongings



At Lawson we are safe, respectful and responsible learners

Library



Book Fair Coming Soon!

Our annual Book Fair will be held in the library in Week 9 from 29 Nov – 1 Dec 2021. Due to COVID restrictions, it will be **student-only** browsing. Please use the Wish List or brochure to order. **Payment via cash in the library or online through the scholastic loop portal.** Students will bring the Wishlist home once they have perused the books.

Thank you,
Mrs Schlegel

READING OASIS COMPETITION!

Win one of 4 x \$15 vouchers to spend on the Book Fair – one for each stage!
The Book Fair theme is 'Reading Oasis'. We challenge you to use recycled material to create an Egyptian craft or artwork that will make our library feel like an oasis!

It must be:

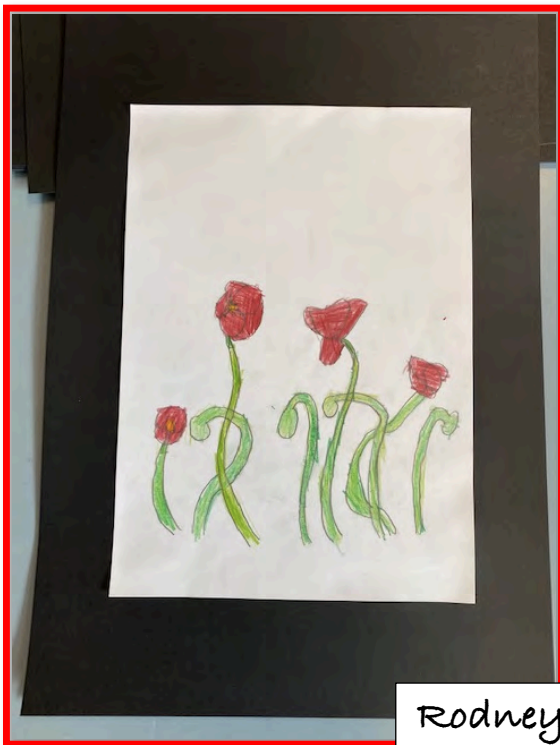
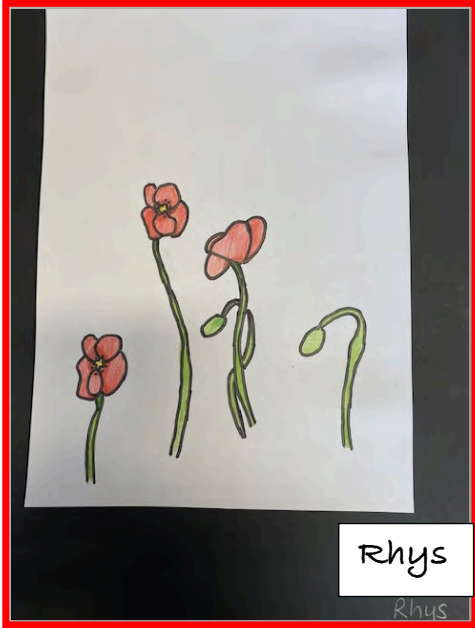
- Student made
- Labelled with name and class
- Delivered to the library by Thursday 25 November.

Good luck and lots of fun with your creations! Mrs Schlegel



Remembrance Day 2021

On Thursday 11th November, Lawson PS students listened to the Last Post, observed one-minute silence and sang the National Anthem. Aquanauts drew these fabulous poppies.



DO YOU HAVE A MINUTE?



Please fill out our short survey
to help us improve our behaviour
policies and responses (PBL)

<https://www.surveymonkey.com/r/KL3RW9J>



LIVE LIFE WELL @ SCHOOL

NEPEAN BLUE MOUNTAINS LOCAL HEALTH DISTRICT



FUNDAMENTAL MOVEMENT SKILLS

SKIP



The skip should be introduced in Stage 1 using introductory components.

Skipping is a rhythmical locomotor skill that is basic to many children's games.

It is also fundamental to good footwork in numerous sports, such as basketball, netball and touch, and many forms of dance.

HOW TO TEACH SKIP:

- Show a rhythmical step-hop
- Lands on ball of the foot
- Knee of support leg bends to prepare for hop
- Head and trunk stable, eyes focused forward
- Arms relaxed and swing in opposition to legs

Click [here](#) for skip 'teach me how' video

REMEMBER TO CONTACT THE TEAM FOR ONGOING SUPPORT AND ACCESS TO HEALTHY EATING/ PHYSICAL ACTIVITY RESOURCES. THEY'RE FREE!

KINDY ORIENTATION

Kindergarten Orientation is fast approaching. As well as the kindergarten orientation video, there are other resources your school can utilise, including healthy lunchbox magnets.

For more information or to order these resources, email me for a copy of the Order form.

WINNER

OUR VIDEO WON THE NBMLHD 2021: KEEPING PEOPLE HEALTHY QUALITY AWARD!

Share the video link with parents and carers:

<https://vimeo.com/473692962>



NSW Premier's Sporting Challenge

The NSW Premier's Sporting Challenge is a multi-faceted program which promotes increased participation in sport and physical activity, leading to healthier, more active lifestyles.

- Encourages and prepares students from Stage 3-6 to take up active leadership roles in school sport and planned physical activity.
- Schools can choose from activities including a 10 week challenge, Race around Australia and the new Activ8 your workplace to improve staff health and wellbeing.

To sign up to this free initiative or for more information, click [here](#)

You can also find learning resources on Thinking While Moving in English and Mathematics.

FUN FACT

Adopting a sunnier outlook may improve your health and even extend your life



GET ACTIVE WHEN TIRED

If you're feeling a tad sleepy and listless (and you're not sleep deprived or ill), exercise can work wonders on your energy levels!

Physical activity helps your body produce more endorphins, gives you more energy throughout the day, and helps you focus and work more efficiently.

Livestrong, 2019



Dates to Remember

DECEMBER

3RD	INTERNATIONAL DAY OF PEOPLE WITH A DISABILITY
5TH	INTERNATIONAL VOLUNTEER DAY
25TH	CHRISTMAS DAY

Contact: Carla.Piliskic@health.nsw.gov.au